

### Hand Stitching - A Little Piece of Africa

Janice Gunner MA MSDC

18th - 19th Aug 2025  
Monday to Tuesday

This course is an introduction into some of the amazing African textiles available today, the techniques used to create them and how to use them in your work. Working by hand you will make a small textile artwork that includes piecing, applique, and simple embroidery. Spend the weekend immersed in some mindful stitching to create a unique piece of work.

#### Description

You will learn how to piece; applique and hand quilt/embroider a delightful little mini art quilt made using amazing African fabrics. You might like to turn it a small purse or make some more mini quilts and join them to turn your work into a long, skinny wall hanging. Samples will be available to show these.

The finished work will be approx. 30 cm x 15 cm (12" x 6").

#### Please bring with you

A kit containing all you need to make your piece is available from Janice in advance or on the day. Cost £36.00

Janice will bring extra kits and spare fabric and thread with her for the weekend too.

Please bring a general sewing kit with you to include:

- Fabric scissors
- Small scissors
- Tacking thread
- Needles, pins, thimble etc.
- Note pad and pen
- Rotary cutter, mat, and rule - optional.

#### Available to purchase from the tutor

A kit containing all you need to make your piece is available from Janice in advance or on the day. Cost £36.00.

#### Level

Suitable for all levels

#### About Janice Gunner MA MSDC

Janice Gunner is textile artist, quilter and author. She learned how to embroider at the age of five, made her own clothes from the age of 10, has been quilting for 49 years and has spent almost 30 years of those teaching patchwork & quilting, including 23 years teaching City & Guilds courses. Janice was awarded the MA Textiles with Merit in August 2020 from The University for The Creative Arts (UCA), Farnham .

[www.janicegunner.co.uk](http://www.janicegunner.co.uk)

#### Course Location:

#### Missenden Abbey

Great Missenden  
Buckinghamshire HP16 0BD

Monday	
9.15am	Students arrive (coffee available)
9.30am	Teaching session
12.45-1.45	Lunch for all
1.45-5pm	Teaching session
6.45 for 7pm	Dinner for residents
Tuesday	
7-9.00am	Breakfast for residents
9.30am-1pm	Teaching session
12.45-1.45	Lunch for all
1.45-5pm	Last teaching session